

EPS Whole School Wellbeing Overview 2021

School Vision	At Elsternwick Primary School, students are empowered to be critical thinking, independent and collaborative learners. Their growth mindset fosters curiosity, and their confidence motivates them to thrive and succeed. The learning environment created by caring, dedicated and diligent staff cultivates an atmosphere where students feel safe, valued and included, supported in achieving academic success, while developing a positive sense of wellbeing and school pride.
School Strategic Plan	Students, staff and parents/carers will feel safe, valued and respected as members of our school community.
Annual Implementation Plan	To strengthen the social and emotional wellbeing of students and staff by having a whole school approach to health, wellbeing and behaviour management.

Overview Statement	Focus	Year level	Key Learning Areas	Respectful Relationships	The Resilience Project	Vic Curric PSC	Assessment	HYS	Learner Assets	AToS Foci	Significant Days (TBC)	Resource links	Professional Learning schedule	External Programs	Community Connections	Big Ideas
Term 1 Learning together and about each other	Classroom Communities	WHOLE SCHOOL FOCUS	Learning Environments: Class Agreements DT Agreements School Goals Circle time protocols Behaviour Management and Yard Duty Plans Restorative Practices EPS Learning Environments Guide		Familiarisation with resources and content - introduce diaries and daily practice cards	Collaboration	RR staff survey	Reinforcing effort and providing recognition	Communicating Self-managing	<i>My teacher sets clear rules for classroom behaviour</i> <i>Students at this school treat each other /teachers with respect</i> <i>At this school, I help decide things like class activities or rules</i> <i>I have a say in the things I learn</i> <i>I am encouraged to share my ideas</i> <i>I have often been picked on while on social media/have experienced cyber bullying</i>	Harmony Day	School Values Mentor Texts EPS Learning Environments Guide Circle Time The Green Zone Guide Supporting Positive Behaviour Guide	The Resilience Project + Wellbeing PLC series		The Resilience Project Parent/Carer info evening (22nd March, 7pm, week 8)	Prep How can we play and learn with others? Year 1/2 How do we learn together? Year 3/4 What do we celebrate and why? Year 5/6 Does the past make us who we are?
				Developing Relationships Review trusted adults	Leadership (4-6)		Prep Leaders (2) Buddies (4) Peer Mediation (5) Leadership Conference (6) Inclusive Language and Practices Guide	Topic 2: Personal Strengths	Empathy Resilient Youth Survey (3-6)	Resilient Youth Survey		Collaborating Communicating	AttoS data unpacking (maths tasks)			
		Friendships (P-3)	Friends for Life (Year 1) Developing positive connections (bullying prevention)	Topic 8: Positive Gender Relationships Topic 4: Problem Solving			Cooperative learning	<i>I feel like I belong at this school</i> <i>I look forward to going to school</i> <i>I have been bullied/teased, called names</i> <i>Other student leave me out of things or spread rumours about me</i>		International Women's Day	Bullying Prevention Restorative Practices	Learning Walk of Classroom Agreements etc	Bullying Prevention (?) Parent/Carer workshop			
	Review trusted adults from Topic 6: Help Seeking															
Term 2 Understanding our brain	Self-Regulation & Responsible Decision Making	AttoS preparation (4-6)	Unpacking data from previous year, introducing language of the questions	Topic 3: Positive Coping	Mindfulness	Recognition and Expression of Emotions	Attitudes to School Survey	Reinforcing effort and providing recognition Non-linguistic representation	Thinking Self-managing	<i>I try my best at school</i>		Zones of Regulation Resource Folder		Sex Education Australia student workshops Staff training on on managing disclosures (preparation for topics 7&8) WCN?	Supporting Positive Behaviours Family info night with wellbeing leaders and peer mediators (week 3)	Prep How are we connected to each other? Year 1/2 Why and how do we get to know places? Year 3/4 What lies beneath? Year 5/6 How are we adapting to a changing planet?
		Zones of Regulation (P-3)	Size of the problem - trusted peers, trusted leaders and trusted adults													
	Growing our Brains	WHOLE SCHOOL FOCUS	Growth Mindset Goal Setting Effort Motivation					Emotional Literacy			Generating or testing hypothesis Reinforcing effort & providing recognition	Thinking Researching	<i>My teacher asks me questions that challenge my thinking</i> <i>My teacher helps me to do my best</i> <i>I can do challenging school work</i>	Growth Mindset Resource Folder		
Term 3 Respecting myself and others	Understanding Difference	WHOLE SCHOOL FOCUS	Rights and Responsibilities Protected Attributes Rights of a child Sex Education Australia	Topic 7: Gender and Identity	Mindfulness	Relationships and Diversity	EPS poll	Reinforcing effort and providing recognition Non-linguistic representation	Communicating Collaborating Self-managing		NAIDOC Week	Human Rights	Respectful Relationships + Safe Schools PD	Sex Ed Australia Parent/Carer info night (week 1)	Prep How are we connected to places? Year 1/2 How and what can we do to manage waste? Year 3/4 What's really on your plate? Year 5/6 How does design, creativity and innovation help solve problems?	
	Positive Gender Relationships		Inclusion Equity versus Equality	Topic 8: Positive Gender Relationships	Emotional Literacy		Cooperative learning	Communicating Collaborating	<i>All students are treated fairly at this school</i> <i>It's okay to be different at this school</i>	Pride Week	Family Violence Staff Training Resource	CASEA	Respectful Relationships Topics 7&8 parent/carer workshop (week 2)			
Term 4 Positive Transitions & Coping with Change	Positive Coping and Help Seeking	WHOLE SCHOOL FOCUS	Prep Leaders (2) Buddies (4) Inclusive Language and Practices Guide	Topic 6: Help Seeking	Gratitude	Development of Resilience	EPS poll	Reinforcing effort & providing recognition	Thinking Communicating	<i>My teacher cares about how I am feeling</i> <i>My teacher seems to know if something is bothering me</i> <i>I can talk to my teacher if something is worrying me</i> <i>At this school, there is a teacher or another adult who cares about me/listens when I have something to say</i>	Kindness Day	Suicide and Self Harm Resources		CASEA parent/carer workshop	Prep How are the things we eat, wear and use connected to the Earth? Year 1/2 How do we share places with other living things? Year 3/4 Health: what messages am I getting? Year 5/6 Innovation: at what cost?	
	Leadership and Positive Transitions		Circle of Concern/Circle of Control Online safety (P-6)						RR staff survey RR parent/carer survey (?)	Cooperative learning	Communicating Collaborating		Start (transition resource) Anxiety and Resilience / Coping with Change Resource Folder			