



Fortnightly Publication

No. 1. Thursday, 9th February 2017

elsternwick.ps@edumail.vic.gov.au

KEY DATES

Wednesday, 15th February	'Meet & Greet'	Monday, 13th March	Labour Day – Public Holiday
Thursday, 13th February	Swimming Carnival	6th to 17th March	Years 3 to 5 Swimming Program
Tuesday, 21st February	Prep Vision Screening	Wednesday, 22nd March	Summer Sport Round Robin
Monday & Tuesday, 20th & 22nd February	Year 6 Open Water Swimming Program	Friday, 24th March	Parent Association Movie Night
Wednesday, 23rd February	School Photos	Friday, 31st March	Last day of term 1. Early dismissal – 2:30pm
Thursday, 2nd March	District Swimming Carnival		

PRINCIPAL'S COLUMN

Welcome back to what promises to be another fantastic year at Elsternwick Primary School. I trust that you have had a wonderful and relaxing summer break and a positive and smooth start to the school year.

I am delighted and honoured to be the Principal at EPS and look forward to working closely with you all throughout the year. In this role I intend to continue the work towards cultivating an environment where learning is meaningful, collaborative and relevant; where curiosity is encouraged; and where young people create and produce work that matters to them and others. The year started off really strong with our Curriculum Day on Monday, 30th January. All the staff were engaged in learning about school culture and team building ready for 2017.

A special welcome to our new students and their families. We trust you have had a great start at your new school! This year we have welcomed some new staff to the EPS community. We are thrilled to welcome; Caroline Bewley (1C), Cherie Harding (1A), Liz Purcell (3D), Penny Greatorex (4A), Emma Hall (4C), Kim Davies (6B) and Fiona Pollard (Office Administration).

I'm looking forward to seeing you all on at our Meet and Greet Afternoon and wish you the best as you start the 2017 school year.

Insurance

The Department does not hold insurance for personal property brought to schools and it has no capacity to pay for any loss or damage to such property. Parents or guardians of students are responsible for paying the cost of medical treatment for injured students, including the cost of ambulance attendance or transport as well as any other transport costs. Parents or guardians can purchase insurance policies from commercial insurers.

Sun Smart: 1 Sep – 30 Apr

All young people are expected to wear a HAT each school day from the 1st of September to 30 April. We have a "no hat no play" practice for those student who forget. Students who forget their hat are to sit in the shade in a designated area. It is also advisable to apply sunscreen before school.

CSEF Application Forms

CSEF applications are now open.

If you have a current health care card or are a temporary foster parent you may be eligible for this payment. For more information please visit the front office.

Website

The EPS website can be found here: <http://elsternwickps.vic.edu.au/>

Our website is updated regularly and we aim to make this tool a first port of call for our school community to gather recent news, information and online support.

Kiss & Go Parking – not for walking children to class

Please be aware the 'Kiss & Go' parking on Murphy Street and Brickwood Street is for you to kiss your child and go – not to park and walk them to class. Please be considerate of other parents by adhering to this. Thank you.

Michael Portaro

School Principal



OTHER SCHOOL INFORMATION

Health News

MEDICAL INFORMATION FORM

To enable us to keep current and accurate information on your child please obtain a Medical Information Form from the School Office. We ask parents to update this information annually or if any changes take place.

It is the responsibility of the parent/guardian to update the students' medical details and provide the information requested on this form and to advise the school in writing, if this information changes. This information is confidential and only accessed by staff at a point of need. For more information please visit the front office.

Anaphylaxis

Anaphylaxis is a life threatening allergic reaction. There are a number of students in various grade levels with this condition.

Common food anaphylaxis / allergy in children are caused by **nuts, egg, shellfish, sesame seeds and kiwi fruit.**

Other common Allergens are **fish, dog hair, dust mites and insect bites.**

Even trace amounts of a problem food can cause a life threatening anaphylactic reaction. Please read all food product labels carefully. Incidents will happen when foods labelled 'may contain' or 'traces of' are brought to school.

Please do not include food with peanut butter, muesli and nut bars or Nutella.

Good hygiene, including washing hands, not sharing food and only bringing in icy poles for birthday celebrations are key factors in reducing any incidents. Due to the seriousness of this condition we attempt to make our school environment safe for everyone.

We aim to heighten awareness of the need for care and vigilance by the whole community in helping students and families deal with Anaphylaxis and Allergies.

We ask respectfully and highly recommend that the foods highlighted are not added to school lunches / snacks or any food sent to school. We appreciate your help to make the school safe for every student. If you have any questions, please feel free to contact me on 8534 6100.

Asthma Action Plan

The Department of Education requires **School Asthma Action Plans** to be updated annually.

Asthma Action Plans will be sent to known Asthmatics. Newly diagnosed Asthmatics please obtain Asthma Action plans from the School Office. Please complete this form and return to the school office as soon as possible.

A Doctor's signature is preferable, but not compulsory. It is advised to keep Asthma Medication and Spacers in the front of the school bag. Please contact me at the school office if Asthma medication is required at school

Any concerns/queries please do not hesitate to call me.

Medical Authorisations

If your child requires medication during school hours you must complete a Medication Authorisation Form. These can be obtained from the front office. The medication must be brought to the office before school.

ALL MEDICINE MUST BE SUPPLIED IN THE ORIGINAL CONTAINER.

If your child requires Panadol during school hours please complete a Medical Authorisation Form and supply your own Panadol to the front office.

BIRTHDAY TREATS!

Birthday treats must be ICY POLES ONLY!

Ice creams (eg: Paddle Pops) and frozen yoghurt must not be brought to school. If anything other than icy poles are brought to school as birthday treats, students will be unable to eat them.

Lindy Belotti
School Nurse

Parents' Association (PA) News

Welcome to 2017 from the PA.

We have already had an Exec Meeting and have many fun events planned for the year.

A BIG thank you to all the parents who have volunteered to be class reps for the year - you are the lifeline of information for the school community. First piece of business for the year is to compile the class lists, so parents please hand in your signed Class List Permission Forms ASAP to your class reps.

Lights, Camera, Action!!!

EPS families, the much anticipated, dearly loved, EPS Movie Night is COMING SOON!

Mark the diaries for Friday, 24th March (from 6pm onwards).

The all-important movie title will be announced soon!

The organising team will be calling for volunteers to help out with a number of fun, laughter filled jobs on this night of nights – so get in quick to avoid disappointment!

Stay tuned for more details in the coming weeks.

It's going to be a GREAT NIGHT!!!!

Thank you,
The EPS PA Team



EPS Chickens

The EPS Chickens are located at the back of the school next to the canal in the orchard and are ready for the EPS students to help care for them on the weekends. If you decide that you would like to volunteer to look after the chickens, you will be required to check their food and water, top up both if needed, let them out in the mornings, then lock them back before dark and you will be able to take the yummy eggs home on the day.

The chickens lay one egg a day so potentially you will be taking home 4 eggs. We hope you enjoy having the chickens at the school as much as we do!

If you would like to volunteer for a weekend or day please book through <https://www.trybooking.com/OSCP>. OR <https://www.trybooking.com/258299>.

Thanks, Selina Bean and Anna Lund. Grade 1A.



OSHClub Newsletter

Welcome back to school, to all students for 2017. OshClub is back, and in full swing for the start of Term 1.

We enjoyed a successful Summer Holiday Program with many children attending. Our children participated in excursions such as: the movies to see Trolls and Sing (both childrens' favourites) and to an art studio in Brunswick where screen printing was done.

We had incursions such as: Kaboom Sports and Pro Active Sports (exciting water activities on one of our hot days) .

Theme days include Chinese New Year, treasure and pirate day and investigators day.

A couple of very important reminders to all parents and guardians:

Children should be booked in online by midnight of the night before attending, so that appropriate staffing ratios can be determined and sufficient activities planned.

Contacts should be updated where necessary, to ensure smooth pick-ups and communication.

Medical forms should be updated and appropriate medication provided.

Return and release forms should be filled out if after school/before school in school activities are being attended.

On the 15th of Feb, we will be running a half day program from the bell at 12pm, to cater for 'Meet & Greet' day. It is very important that children are booked in for this as spots are filling quickly.

Kind regards,

OSHClub Staff

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OSHClub Staff**

2017 SSV State Team Trials

Each year, talented school students have the opportunity to trial for a place in the School Sport Victoria (SSV) Team Vic state team (basketball, AFL, soccer and netball) and participate in annual School Sport Australia (SSA) Championships. Students must be competing at an **ELITE LEVEL** in their chosen sport. An example of this for football would be that they have won the SMJF league best and fairest for 12 year olds. Having only won a best and fairest at club level will not suffice.

Please note that participation in SSV team Vic state teams is self-funded, so students will be required to pay costs of administration levies, uniform, flights, accommodation and meals.

Students who are selected must be available to participate in a series of SSV trials if successful at each level, as outlined below

* Beachside Division trials > Southern Metropolitan trials > SSV trials/camp

To NOMINATE, parents (not students) must first

- seek approval from the sport coordinator and school principal, including evidence of achievement at an elite level
- complete online nomination form
- Submit \$25 non-refundable payment

Online nominations (www.ssv.vic.edu.au) close March 10th. Late entries will not be accepted.

ALLSTARS MARTIAL ARTS ACADEMY

FREE UNIFORM

Karate / Kickboxing / Boxing / Self Defence

School Holiday Programs

FREE TRIAL CLASS 9579 0800

Virginia Park, North Drive

10/232-236 East Boundary Rd, East Bentleigh 3165

Web www.allstarsdefence.com.au

Email info@allstars.net.au



Tennis Coaching Term 1 2017

ST. JAMES TENNIS CLUB



ANZ HOTSHOTS



Prep - Grade 2

ANZ Tennis Hot Shots is a fun way for kids to learn how to play tennis. We use smaller courts, nets, racquets and low-compression balls because this makes learning easier. ANZ Tennis Hot Shots gives younger players the chance to serve, rally and score right from the first time they play.

They will be semi private lessons with no more than 4 children to one coach. This program is designed for the early stages of tennis development.

Prep	Monday	11.00 - 11.30am
	Wednesday	3.40 - 4.10pm
Year 1	Monday	11.00 - 11.30am
	Wednesday	3.40 - 4.10pm
Year 2	Friday	1.45 - 2.20pm

PRIVATE COACHING



All Skill and Year Levels

Private coaching will be available to all year levels from Monday to Friday at a mutually agreeable time.

To book call **Nik** on **0417 508 400**

SUPER 10's SQUAD

The Super 10's squad focuses on technical, tactical and physical components and is for passionate juniors only.

These sessions are offered:

Tuesday	5.00 - 6.00pm
Thursday	4.45 - 5.45pm

JUNIOR GROUP COACHING

Years 3 - 6

All group coaching sessions focus will be on technical and 'live ball' situations with a big emphasis on fun.

Maximum group size of 5 per coach, this will provide an affordable access to high quality tennis coaching.

Years 3-4	Tuesday	4.20 - 5.05pm
	Wednesday	8.00 - 8.45am
	Wednesday	5.15 - 6.00pm
Year 5-6	Tuesday	5.00 - 6.00pm
	Wednesday	5.15 - 6.00pm
		6.00 - 7.00pm
	Friday	8.00 - 8.45am

ADULT CARDIO

For those keen to improve fitness levels and their tennis at the same time. Get to hit lots of balls whilst having fun.

These sessions are offered:

Monday	9.00 - 10.00am
Tuesday	7.00 - 8.00am
Wednesday	9.00 - 10.00am

For more information contact:

Nik 0417 508 400

moreytennis@gmail.com

www.moreytennis.com.au

Elsternwick Park Tennis Centre

Tennis for the Family



ELSTERNWICK PARK
TENNIS CENTRE

FREE TRIAL CALL 9531 3782

MUM

fitbit



Have fun and keep fit!
CardioTennis is a high intensity tennis workout for beginners to advanced players. Each 60 minute session is run with high tempo music and uses modified balls to increase rally length.



ladiestennis

A fun & challenging program designed specifically for ladies run by experienced Tennis Australia qualified coaches. It features 90 minutes of coaching followed by 30 minutes of supervised match play.

CHILDCARE

Need someone to watch the kids while you play?
EPTC provides a child-minding service from 9:15-12:00 every weekday morning.

DAD



ADULT GROUPS

Each lesson lasts 60 minutes and has a maximum ratio of 1:6 to create a small and personal learning environment. There are 3 class standards: Improver, Intermediate and Advanced.

Private Lessons

If you are looking for a more personal type of training, private lessons are for you. They are guaranteed to fast-track your tennis ability in the shortest period of time possible. Private lessons are available in a private (1:1) or semi private (1:2, 1:3 or 1:4) format.

KIDS



Tennis Whizz develops FUNdamental motor skills as well as literacy, numeracy, healthy behaviour and social development through a unique story telling approach.
Ages: 3-5 yrs. old



Kids progress through 4 stages of modified equipment and learning: Blue, Red, Orange and Green. Guided by qualified Tennis Australia coaches, kids are encouraged to develop at their own pace, moving on to the next stage when they are ready.
Ages: 4-11+ yrs. old

e: info@elsternwickparktenniscentre.com.au w: elsternwickparktenniscentre.com.au p: 9531 3782



T 0432832466

E pierre@kellysports.com.au

ELSTERNWICK PS



Play Soccer with your friends in the Kelly Sports Soccer Clinic. Now with 3 levels of coaching. Beginners (prep), Intermediate (1s) and Soccer Squad (y 2+) We recommend that children bring a snack for after school.

WHEN: Thursday

COMMENCING: 16/2/17

CONCLUDING: 30/3/17

TIME: 3.30pm –5.00pm

TRY A CLASS AT NO COST. EMAIL pierre@kellysports.com.au FOR A FREE TRIAL CLASS. GREAT FOR BOYS AND GIRLS

COST: Soccer (\$115) enrol online go to www.kellysports.com.au and search for Elsternwick

VENUE: meet on school oval



ONLINE ENROLMENT

www.kellysports.com.au

To enrol, please visit www.kellysports.com.au
Do not leave enrolment forms at the school office.

KROMA DANCE CREATIVE DANCE AND YOGA FOR CHILDREN

ALL CLASSES RECOMMENCE MONDAY 30th JANUARY

Classes are held on Monday and Wednesday at the Yoga Hut, 145 Cochrane St., Brighton.

Specialised classes for toddlers, preschool, kindergarten and primary age children are available.

*****NEW CLASS *****

YOGA FOR PRIMARY AGE CHILDREN

**A 6 week course on Mondays commencing 13th February – 27th March from 3.45 – 4.30pm.
(no class on Monday 13th March)**

Kathy Vlassopoulos conducts the classes, has been teaching Creative Dance and Yoga for over twenty-five years and trained at Mangala Studios in Carlton. Kathy has also taught Yoga at EPS.

For class timetable and fees on please contact Kathy on 0409 355 602,
kroma_blue@yahoo.com.au or KROMA DANCE on Facebook and Instagram
www.creativedanceforchildren.com.au



Please note that Elsternwick PS does not endorse any of the products or services advertised in our school newsletter.